

ASHCOTT & SHAPWICK CRICKET CLUB

Young Players Protective Equipment and Playing Restrictions

Protective Equipment

Current ECB regulations for protective equipment for players under the age of 18 are:

- Helmets with a faceguard or grille (compliant to British Standard BS7928:1998) should be worn when batting against a hard cricket ball in matches and in practice sessions
- Helmets or face protectors should also be worn by young wicket-keepers when standing up to the stumps. At the moment, there is no British Standard in place for face protectors.
- When batting, in addition to a helmet, young players should wear pads, gloves and, for boys, an abdominal protector (box).

Fast Bowling Directives

The prescribed limits to prevent young fast bowlers overbowling in matches are:

- | | | |
|---------------|-------------------|------------------|
| • Under 13s - | 4 overs per spell | 8 overs per day |
| • Under 15s - | 5 overs per spell | 10 overs per day |
| • Under 17s - | 6 overs per spell | 18 overs per day |
| • Under 19s - | 7 overs per spell | 21 overs per day |

Fielding Regulations

The following regulations are in place:

- Even if wearing a helmet, under 13s cannot field closer than 11 yards from the middle stump except behind the wicket on the off side
- Even if wearing a helmet, under 13s cannot field closer than 8 yards from the middle stump except behind the wicket on the off side.
- Under 18s must wear a helmet and a box if fielding within 6 yards of the bat except behind the wicket on the off side